

# Pancake Day

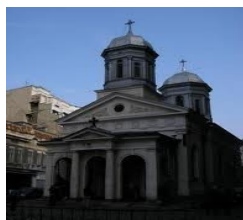
Many people in UK celebrate **Pancake Day**. Pancake Day ( also known as Shrove Tuesday) is the last day before the period which Christians call Lent. It is traditional on this day to **make** ( and to eat ) pancakes from flour, butter, milk, and eggs.

**Lent** is the time of abstinence that comes before **Easter**. So Shrove Tuesday is the last chance to use up the foods that aren't allowed in Lent like fat, butter and eggs. Shrove Tuesday is celebrated the day before Ash Wednesday and is therefore the final day before the commencement of Lent, so the date varies from year to year and falls between 3 February and 9 March.

But that's not all; people and children have games and **races** on Pancake Day. The most famous race is in Olney. Only **women** run in this race. They must wear a skirt, an apron and a hat or a scarf on their heads. As they run to the church, they must throw a pancake in the air and catch it in a frying pan three times. The first one to arrive at the church is the winner.

## Match the words to the correct pictures

1. eggs
2. throw
3. milk
4. frying pan
5. scarf
6. pancakes
7. flour
8. hat
9. apron
10. butter
11. church



1. People make pancakes with ....., flour, ..... and .....
2. The women must wear a skirt and an .....
3. They must wear a hat or a ..... on their heads.
4. They ..... the pancakes in the air.
5. They catch the pancakes in a .....
6. They run to the .....

**Answer the questions**

- a. What is Pancake Day?
- b. Why do they eat pancakes on Shrove Tuesday?
- c. When is Shrove Tuesday (Pancake Day)?
- d. What is an English pancake?